

Your SNIP™ Map

Everything you just bought, in one place — plus one thing you have to ask me for.

Thank you. Below is everything included in your purchase: the wheel, the full card deck, the printable scoring charts, the manual, the friction mapping reference, and the Implementation Workbook. Every link opens in Google Drive — save your own copy, so you always have access, whatever happens to this page.

1 SNIP™ Wheel — high-resolution print file

The complete wheel as a print-ready SVG. All 5 domains, all 70 friction areas, sharp at any size.

[Download](#)

2 The full card deck — all 70 cards

Definitions, typical experience, design responses, what makes it worse, 3-step protocols, and affirmations. Print-ready.

[Download](#)

3 Spiderweb scoring charts

One printable chart per domain — blank and ready to fill in, by hand or as you work through the questions.

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4 The SNIP™ Manual

How to use everything above: reading the wheel, working the cards, scoring your charts, and what to do with the result.

[Download](#)

5 Friction mapping reference

The full index of all 70 friction areas by domain, in one document.

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6 The Implementation Workbook

New. Eleven exercises that take one friction all the way to one changed condition — and a four-week review that tells you whether it held.

[Download](#)

Save them now, not later. Open each file in Drive and choose *Make a copy* or download it to your own device. Then they are yours, offline, permanently.

Something missing, or a file that will not open?

Write to hello@alexandrarobuste.com and I will sort it out. If the price of anything I make is the barrier for you, write to me about that too — no form, no proof needed.

One more thing, and it is not a file

Your purchase also includes two online tools. Both codes are on this page.

What the Life Map does

The card deck maps friction inside five neurocognitive domains. The Life Map does the other half: it shows you **where in an actual life** that friction turns up. It is built like a metro map — three districts (Inner, Everyday, Wider), 27 stations, and hundreds of ordinary situations sitting on the lines between them.

That matters because nobody thinks in domains. They think *I hate meetings*, or *why do birthdays wreck me*, or *I can do the job and I cannot do the emails*. The Life Map starts there, with the situation, and shows which SNIP lines run through it.

The tool has four views: the wheel, the line map, an assessment that asks every situation twice — what it costs and what eases it — and a results page with your leverage points. Printable at every stage.

Your two access codes

They are printed below, because you have already paid for them. No email, no form, no waiting. Together they are \$78 of tools included with your deck.

1 · The SNIP™ Life Map — Personal Edition · \$39

LIFE MAP · ACCESS CODE

LM26-588C-464F

Personal use, tied to this purchase · does not expire

2 · The SNIP™ online tool · \$39

The wheel and the 70 friction areas as an interactive tool — work through the domains on screen, score them as you go, and print or save the result. Launching shortly; your code is already live and works the moment it opens.

SNIP™ TOOL · ACCESS CODE

SN26-69A1-B251

Personal use, tied to this purchase · does not expire

How to use them

Both tools live at **alexandrarobuste.com**. Enter the code when you are asked for it. With the Life Map, start on the line map rather than the assessment — find one situation you recognise and follow its lines. The assessment makes far more sense once you have seen where you sit on the map.

Keep both codes to yourself. They are licensed for your personal use. Using either tool with clients, a team, or a class needs a separate licence — write to hello@alexandrarobuste.com and I will sort out the right one.

SNIP™ is a conceptual coaching framework and an educational tool. It is not a diagnostic or screening instrument, it identifies no condition, and it does not replace medical, psychological, or legal advice.

Alexandra Robuste · alexandrarobuste.com