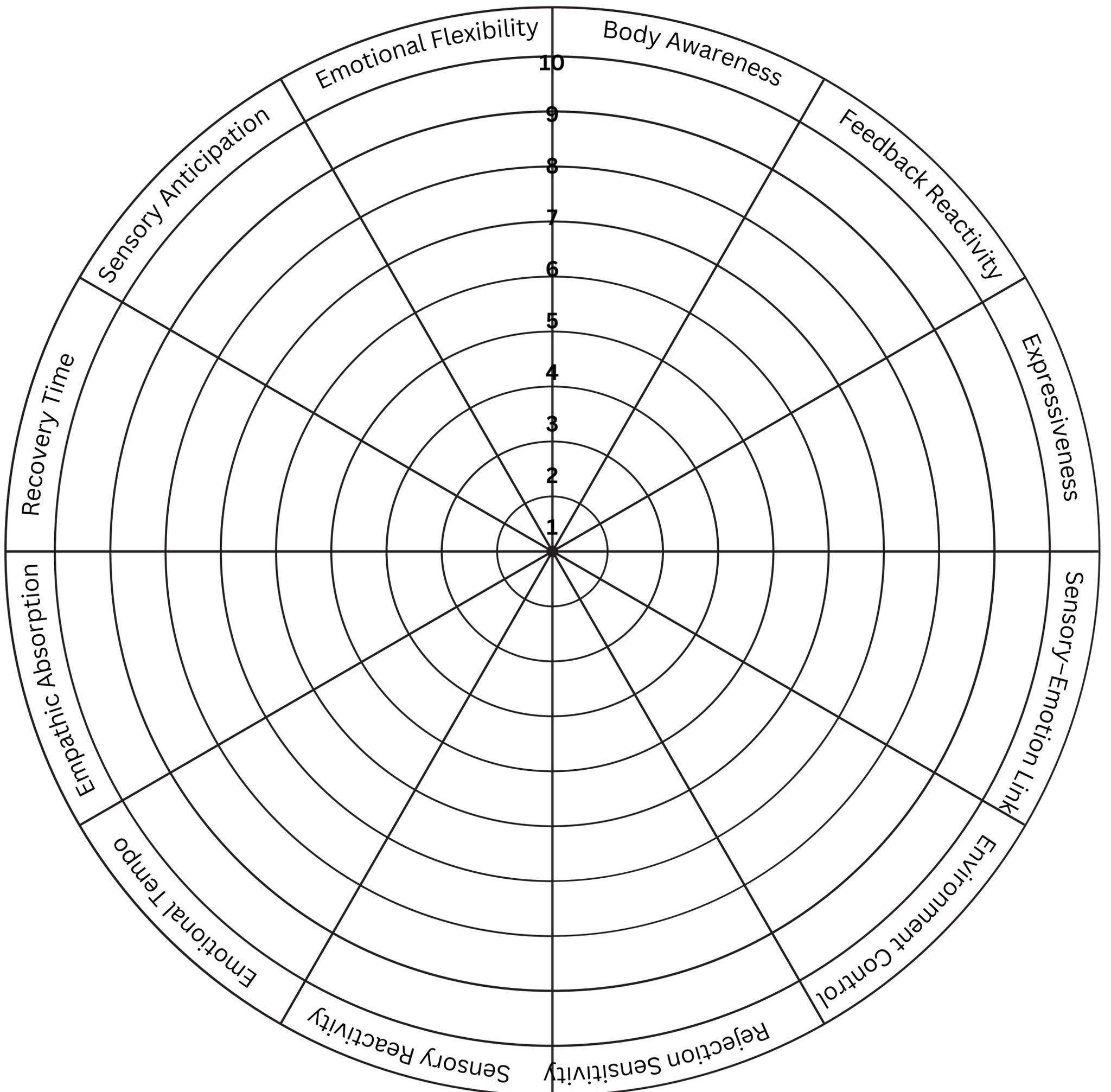


# The Systemic NeuroCognitive Indexing Protocol™ (SNIP)

Visualizing Cognitive Expression Across Domains

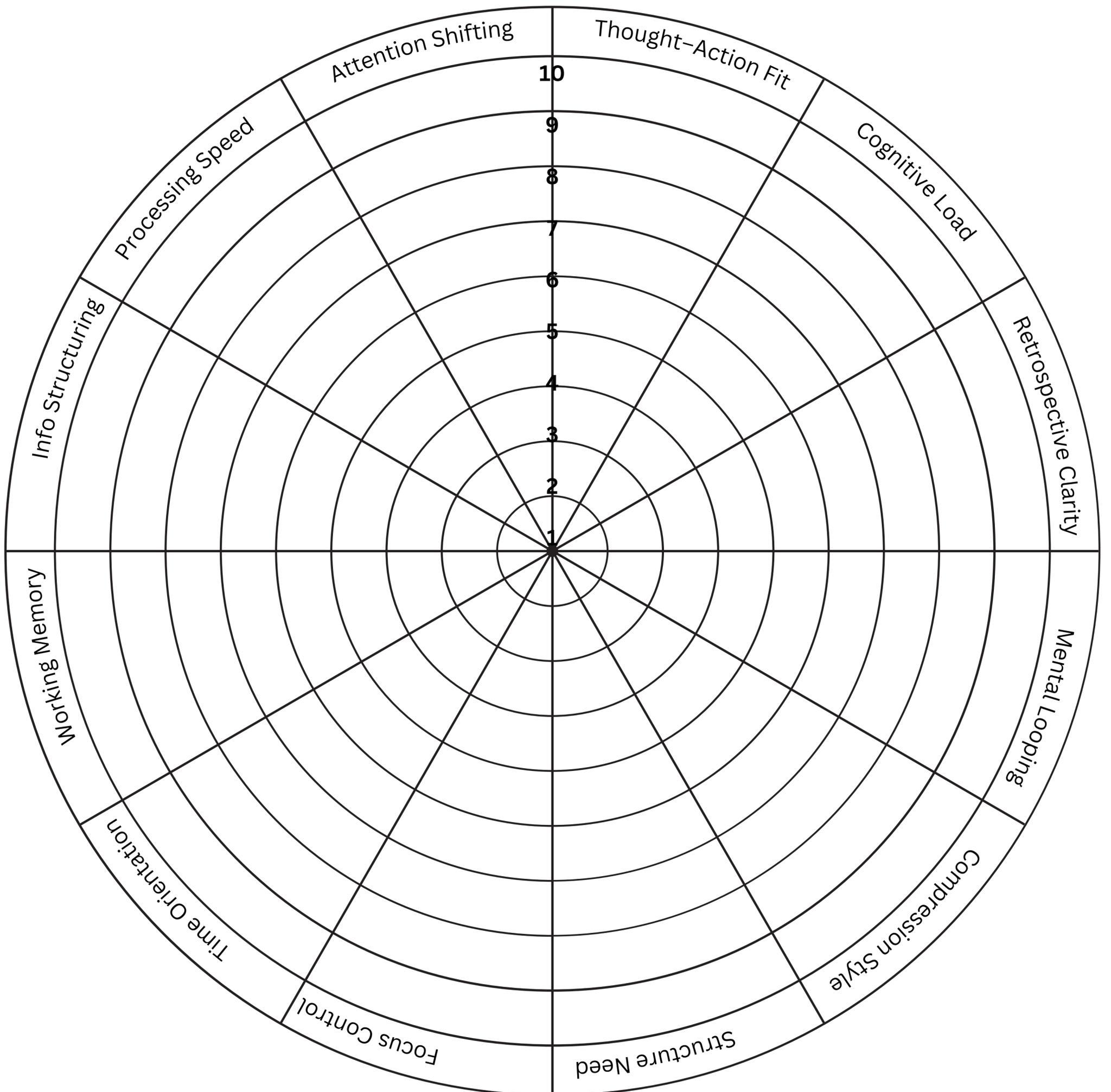
## Domain 1 – Sensory & Emotional Processing



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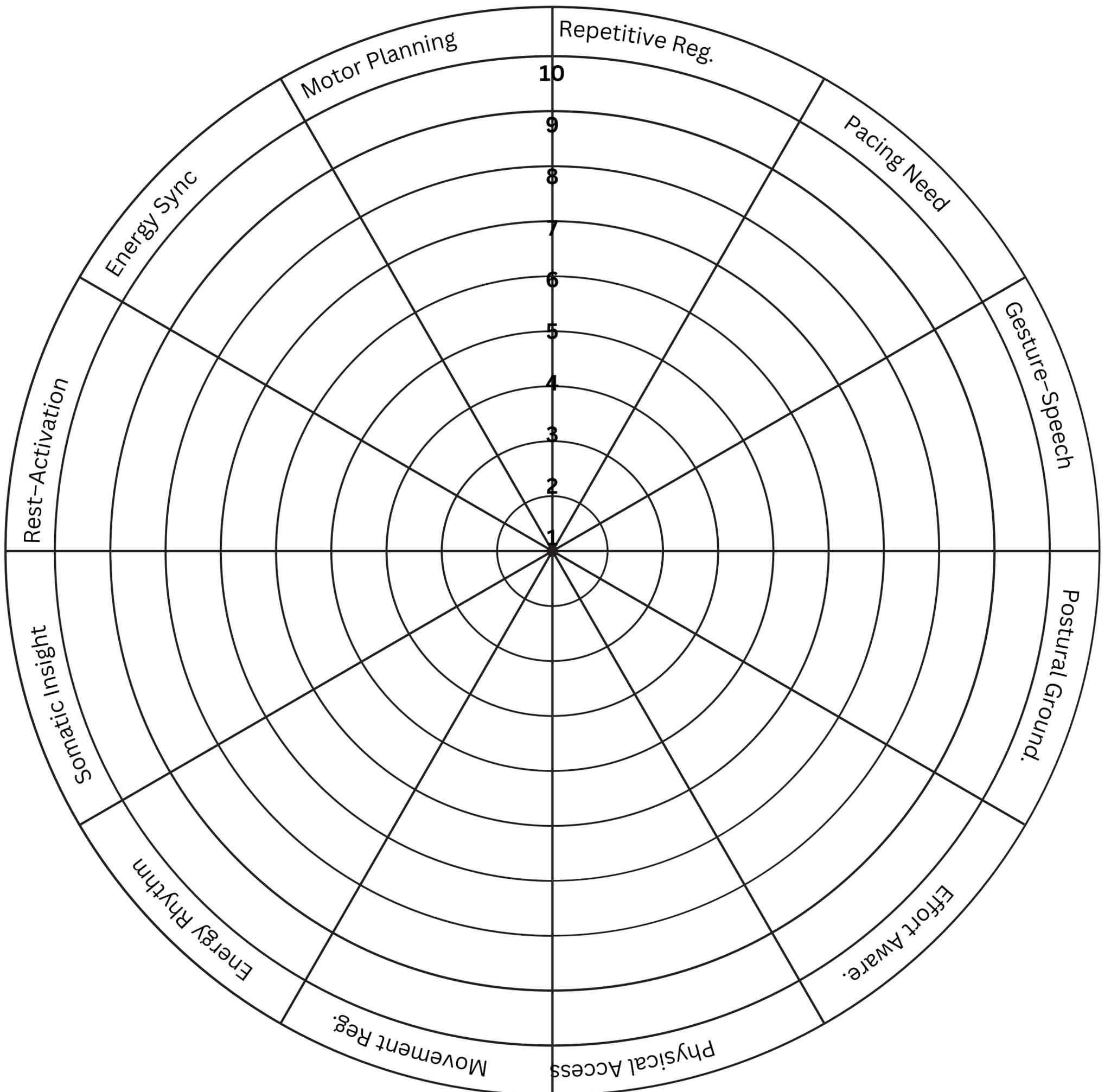
## Domain 2 – Cognitive & Temporal Regulation



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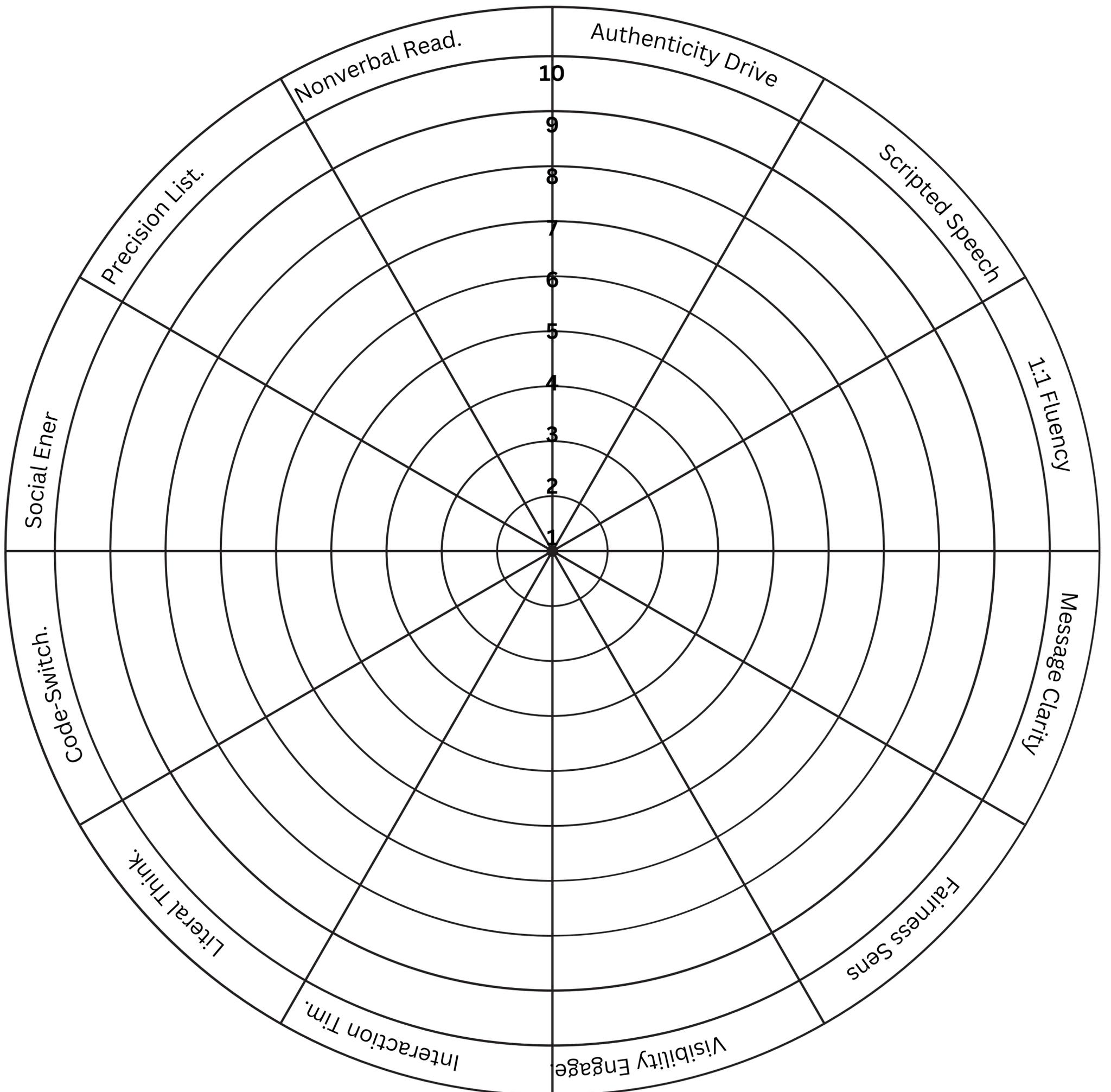
## Domain 3 – Motor & Energy Rhythms



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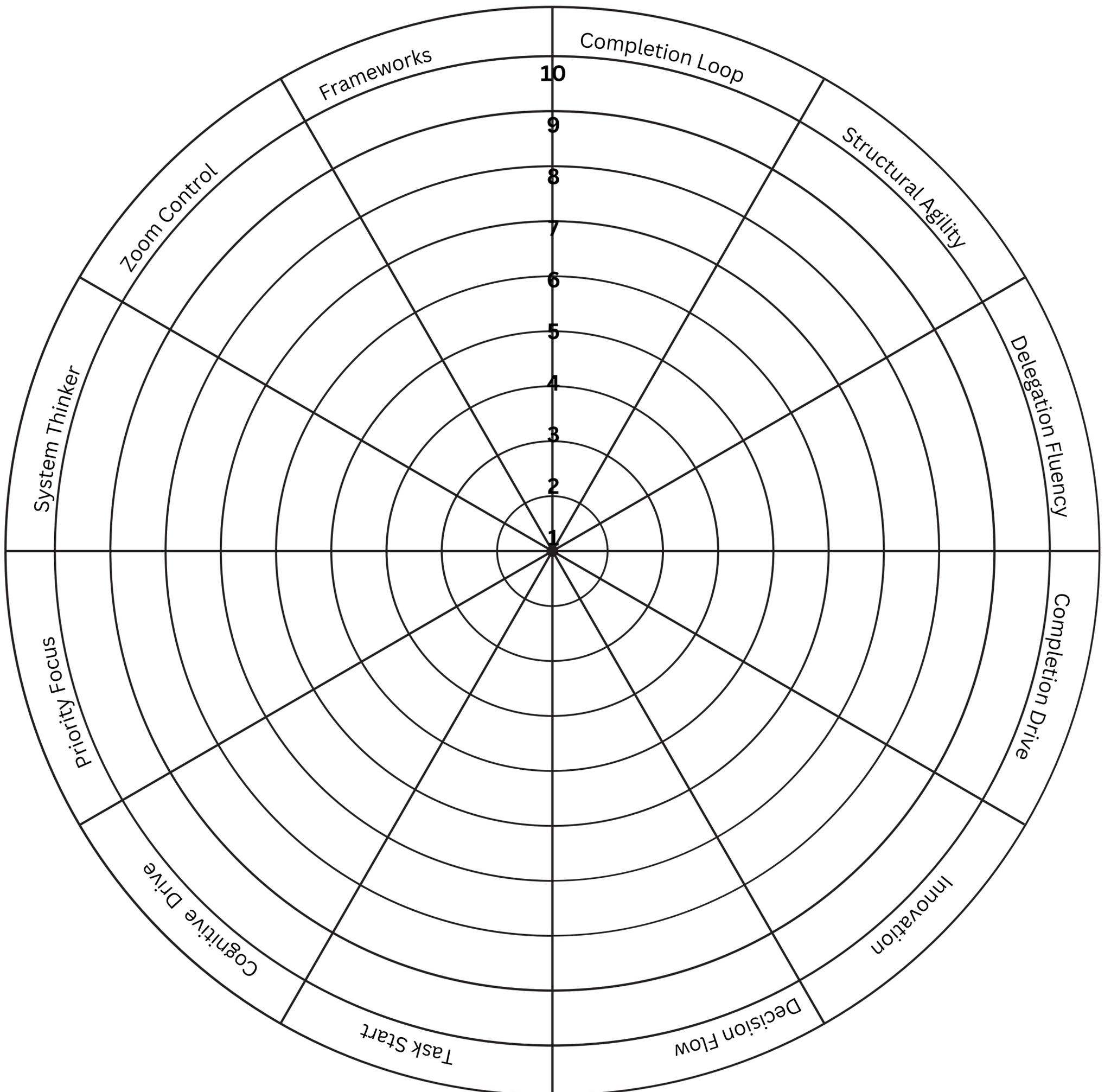
## Domain 4 – Social & Communication Styles



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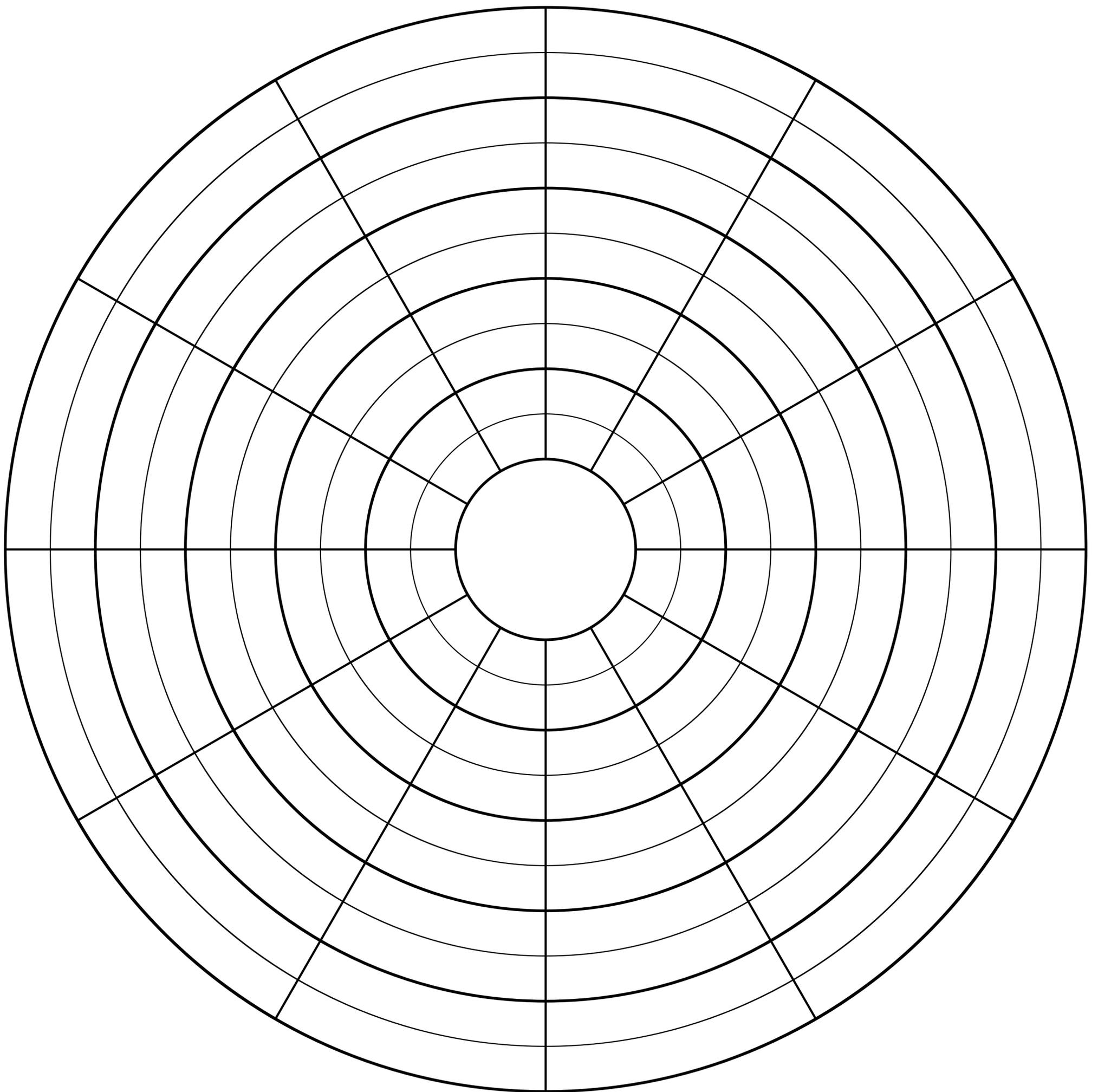
Domain 5 – Executive Function & Systems Thinking





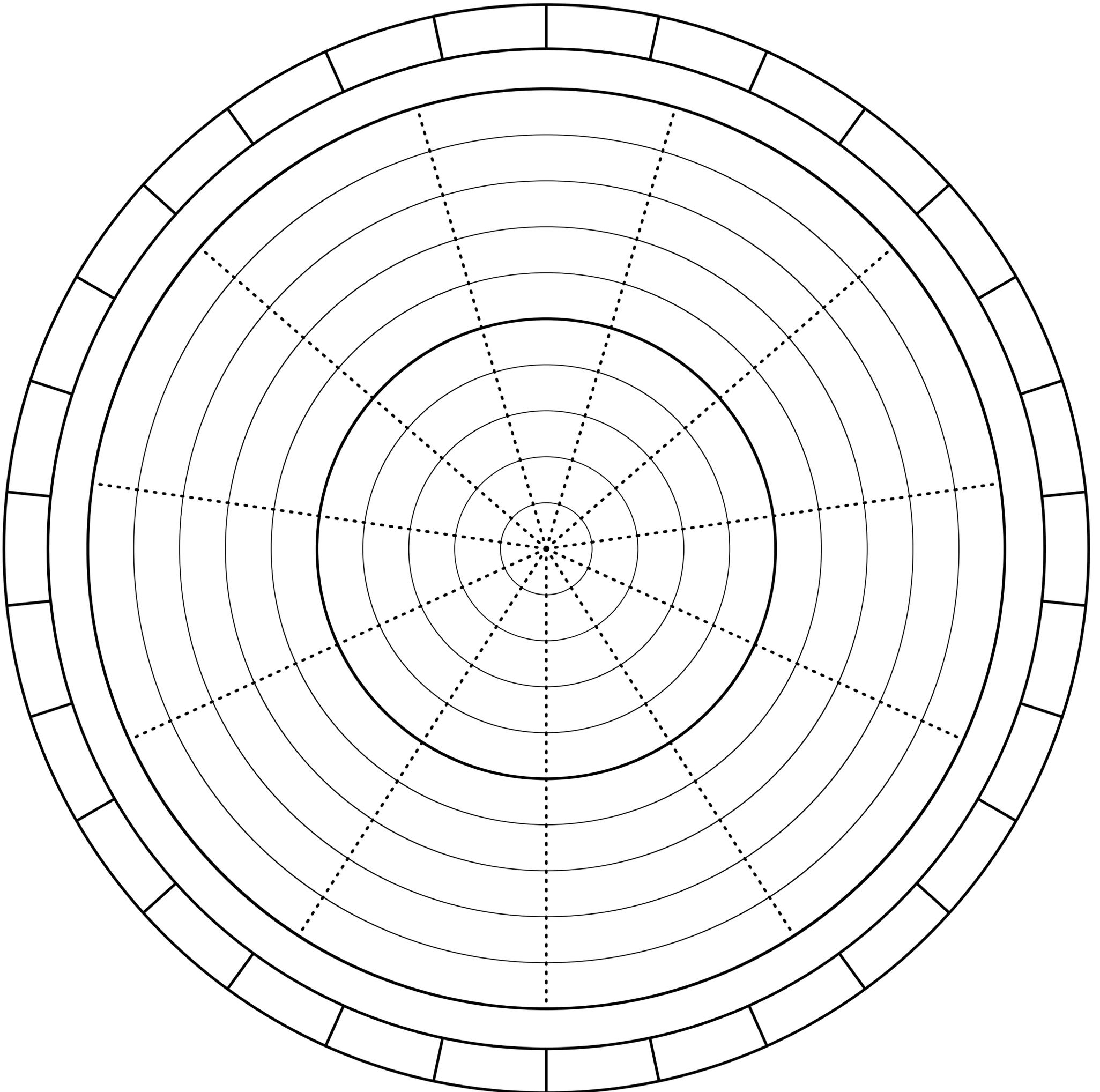
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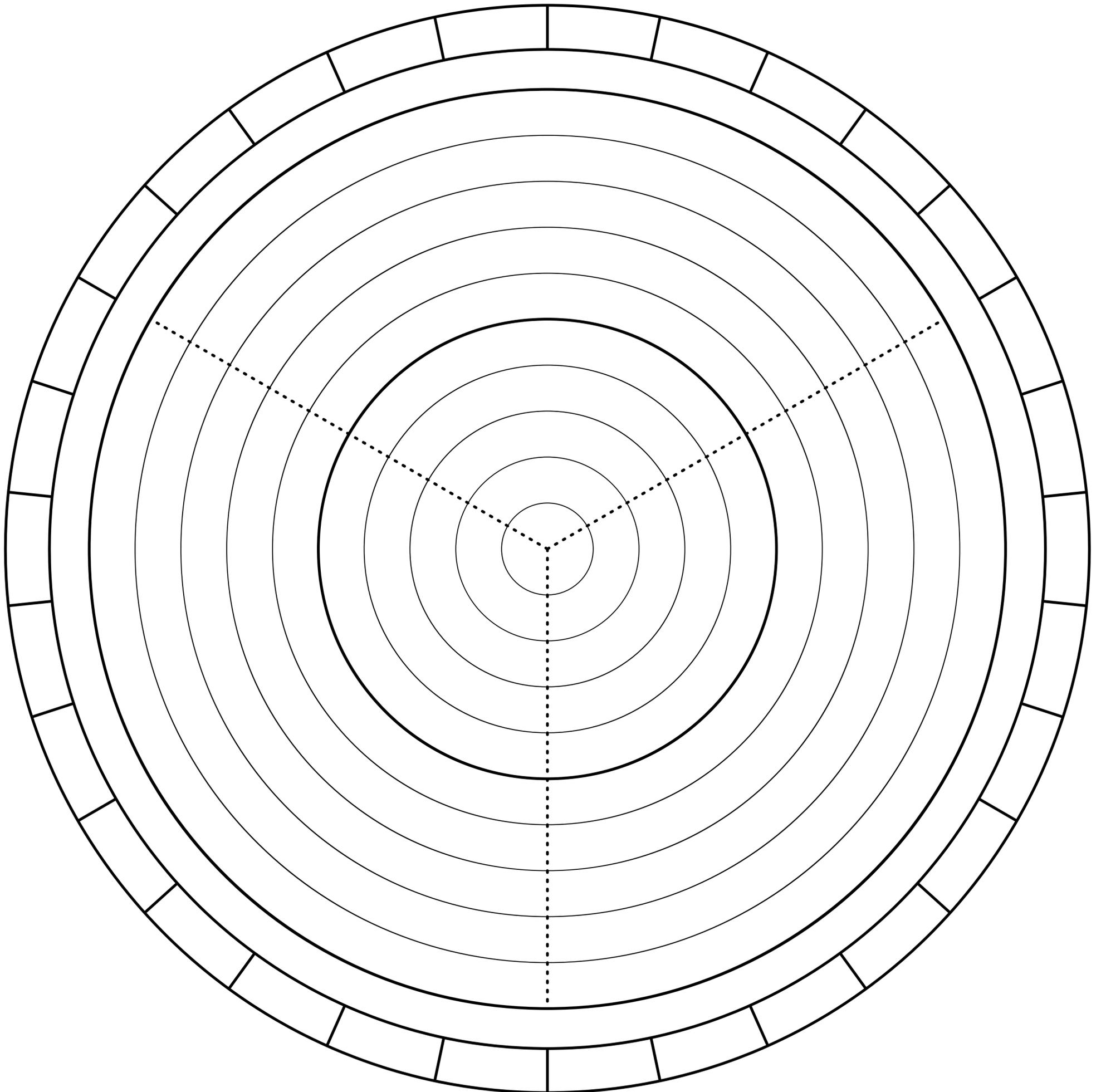
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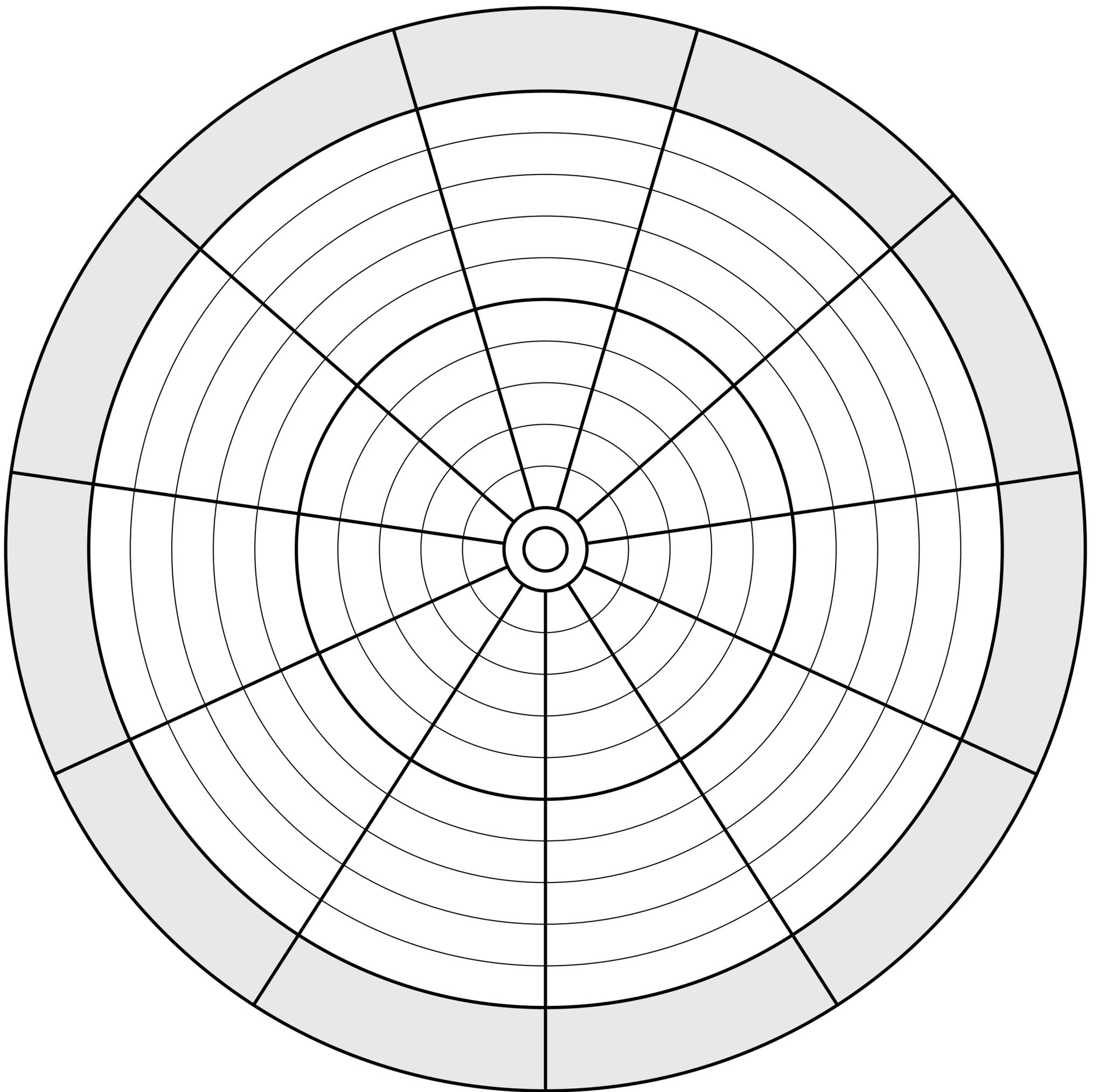
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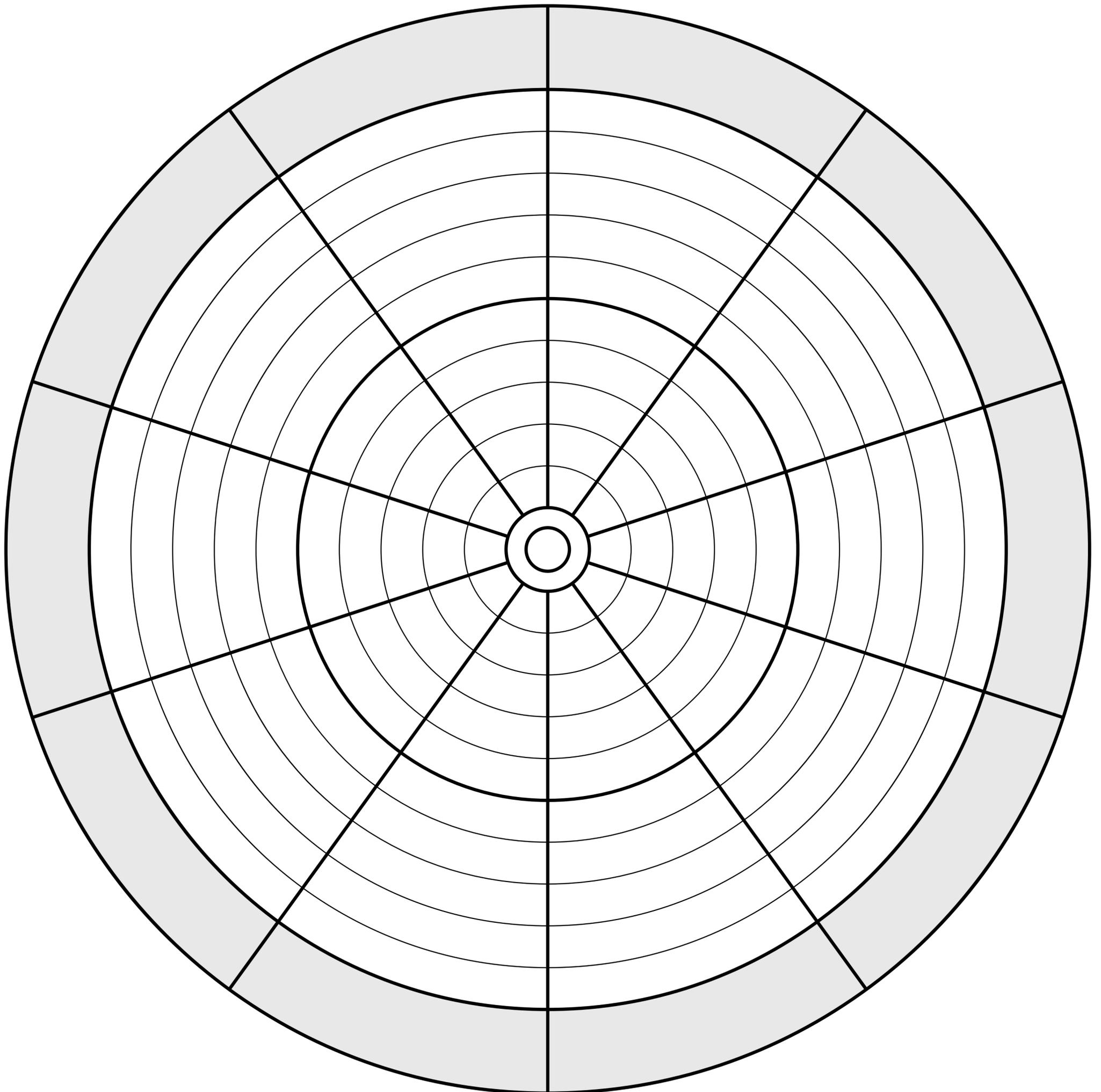
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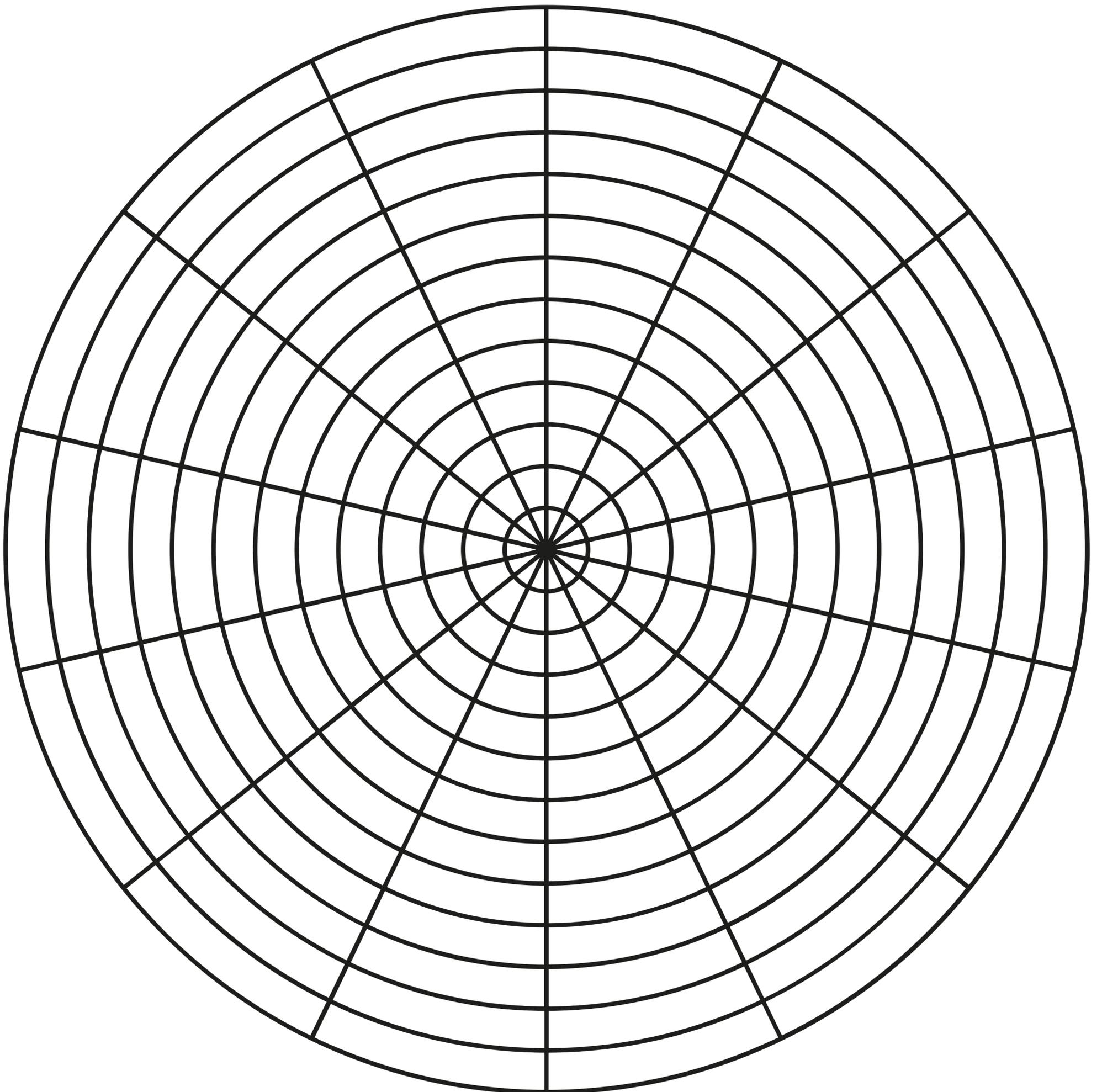
# The Systemic NeuroCognitive Indexing Protocol™ (SNIP)

Visualizing Cognitive Expression Across Domains



# The Systemic NeuroCognitive Indexing Protocol™ (SNIP)

Visualizing Cognitive Expression Across Domains



## Domain 1: Sensory & Emotional Processing

*How individuals perceive, filter, and regulate emotional and sensory input in dynamic environments.*

### 1. Sensory Reactivity Spectrum

*Attunement to light, sound, texture, or temperature; supports environmental awareness and sensory-aligned work design*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Low registration (high sensory tolerance, calm in busy settings) ↔ High reactivity (fine sensory discrimination, strong aesthetic or sensory design awareness)

### 2. Emotional Processing Tempo

*Internal pacing of emotional insight; shapes reflective capacity and emotional precision*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Fast integration (real-time emotional clarity, decisive affective response) ↔ Gradual integration (thoughtful reflection, layered emotional insight)

### 3. Emotional Absorption

*Depth of empathic resonance with others' emotions; enhances intuitive leadership and team alignment*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Selective resonance (maintains clarity, grounded presence) ↔ Deep resonance (strong emotional intuition, interpersonal cohesion)

### 4. Regulation Recovery Time

*Duration of recalibration after emotional or sensory activation; key to pacing and long-term sustainability*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Quick reset (fast emotional recalibration, task re-engagement) ↔ Deep reset (thorough integration, restorative recovery)

### 5. Predictive Sensory Anticipation

*Capacity to foresee and prepare for upcoming sensory or emotional conditions; promotes proactive self-regulation*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Responsive in the moment (trusts present cues, adapts fluidly) ↔ Proactively attuned (plans ahead, anticipates environmental demands)

### 6. Affective Fluidity

*Flexibility in emotional shifts across contexts; supports dynamic attunement and relational responsiveness*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Steady affect (consistent tone, dependable presence) ↔ Flexible affect (adaptable tone, emotionally versatile)

### 7. Interoceptive Clarity

*Accuracy in reading internal physical signals; strengthens self-awareness and embodied decision-making*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Subtle awareness (focused externally, calm under pressure) ↔ High clarity (sharp bodily insight, regulation through physical cues)

### 8. Feedback Response Activation

*Emotional engagement with feedback or critique; fosters motivation and adaptive growth*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Grounded reception (centered reflection, thoughtful consideration) ↔ Motivated responsiveness (energized by input, refinement-oriented)

### 9. Expressive Neutrality

*Degree of visible emotional expression; shapes perceived calm, discretion, or emotional presence*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Composed presence (measured expression, stable demeanor) ↔ Expressive presence (clear affective signaling, relational openness)

### 10. Sensory–Emotion Coupling

*Interplay between sensory experience and emotional state; enables intentional mood shaping*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Autonomous regulation (emotionally independent of sensory input) ↔ Co-regulated awareness (emotion guided through sensory tuning)

### 11. Environmental Control Urge

*Need to shape, control, or modify the environment to maintain regulation; may support optimal function or reflect difficulty adapting to unpredictability*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Low environmental influence (adapts flexibly to surroundings) ↔ High control orientation (optimizes settings for function and clarity)

### 12. Relational Rejection Sensitivity

*Emotional intensity and cognitive preoccupation in response to perceived interpersonal rejection or criticism*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Contextual buffer (interprets feedback through relational context, maintains internal grounding) ↔ Rejection-reactive (strong affective activation, high relational attunement)

## Domain 2: Cognitive & Temporal Regulation

*How individuals focus attention, manage time, process information, and sustain cognitive engagement across diverse contexts.*

### 1. Attention Engagement Pattern

*Style of attention deployment across tasks; informs creative flow, focus strategy, and task matching*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Agile switching (multi-stream attention, flexible engagement) ↔ Deep immersion (sustained focus, task absorption)

## 2. Time Perception Accuracy

*Internal tracking of time intervals; supports flow state orientation or temporal planning strategies*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Flexible timing (present-focused, creativity-supportive) ↔ Structured timing (precise estimation, reliable scheduling)

## 3. Cognitive Processing Tempo

*Speed of integrating, connecting, or generating ideas; affects responsiveness and thought depth*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Deliberate pace (thorough synthesis, reflective ideation) ↔ Rapid pace (quick insight generation, high ideational fluency)

## 4. Working Memory Capacity

*Ability to hold, manipulate, and sequence mental content; critical for reasoning and adaptive learning*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Focused retention (strong sequential memory, low distraction) ↔ Expansive tracking (multi-element processing, parallel threads)

## 5. Task Initiation Momentum

*Ease of entering tasks or transitions; contributes to project flow and executive efficiency*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Strategic starter (prepares before acting, thoughtful pacing) ↔ Spontaneous starter (fast activation, low friction entry)

## 6. Cognitive Rhythm Regularity

*Consistency of cognitive output across time; impacts predictability and work structuring*

1  2  3  4  5  6  7  8  9  10

Burst-driven (high energy peaks, sprint-based cycles) ↔ Steady-state (reliable pacing, sustainable performance)

### 7. Verbal Retrieval Tempo

*Speed and ease of accessing verbal content; shapes fluency under pressure and communication flow*

1  2  3  4  5  6  7  8  9  10

Reflective access (intentional expression, precision prioritizing) ↔ Spontaneous access (fast articulation, fluid recall)

### 8. Thought Pattern Structure

*Preferred format of reasoning and idea organization; supports different forms of problem-solving and innovation*

1  2  3  4  5  6  7  8  9  10

Linear logic (stepwise, rule-based thinking) ↔ Associative logic (pattern-based, metaphor-rich ideation)

### 9. Completion Consistency

*Tendency to carry tasks to closure with or without structure; reflects drive or adaptive timing*

1  2  3  4  5  6  7  8  9  10

Nonlinear finisher (flexible progress, context-responsive) ↔ Sequential finisher (order-focused, closure-oriented)

### 10. Prioritization Fluidity

*Capacity to assign and adjust task importance; vital in dynamic, ambiguous, or values-based contexts*

1  2  3  4  5  6  7  8  9  10

Contextual prioritizer (responsive to shifting needs) ↔ Structured prioritizer (clear task hierarchy, consistent focus)

### 11. Symbolic Processing Ease

*Ability to interpret and work with abstract symbols such as numbers, graphs, or formulas*

1  2  3  4  5  6  7  8  9  10

Intuitive interpreter (fast decoding, numeracy confidence) ↔ Pattern-sensitive adapter (relational thinking, avoids conventional metrics)

## 12. Sustained Attentional Immersion

*Depth and duration of voluntary or involuntary concentration on a single task or topic*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Task fluidity (easy engagement and disengagement, balanced pacing) ↔ Hyper-immersive focus (deep, enduring task absorption, reduced distractibility)

## Domain 3: Motor & Energy Rhythms

*How individuals regulate physical movement, motor planning, and cognitive or energetic flow across different demands and environments.*

### 1. Boom–Bust Energy Rhythm

*Pattern of fluctuating output and recovery; enables sprint-style productivity or rhythmic intensity*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Even pacing (sustained effort, reliable energy) ↔ Peak cycling (high-intensity bursts, creative momentum surges)

### 2. Movement–Focus Coupling

*Use of physical motion to support attention or emotional regulation; relevant for kinesthetic learners and embodied thinkers*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Stillness-supported (focused while stationary, calm under pressure) ↔ Motion-supported (focus enhanced by movement, sensory-motor regulation)

### 3. Structured Recovery Implementation

*Intentional use of pauses or pacing cycles to sustain energy and prevent burnout*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Flow-based pacing (natural rhythm, intuitive breaks) ↔ Deliberate pacing (planned recovery, proactive energy alignment)

### 4. Energy–Environment Synchrony

*Degree of energetic alignment with external pace, tone, and sensory setting*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Internally paced (self-guided energy rhythm) ↔ Externally responsive (energized by environmental dynamics)

### 5. Motor Coordination Fluency

*Ease of physical movement and sequencing in fine or gross motor tasks*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Compact motion (deliberate and economical) ↔ Fluid motion (graceful coordination, high kinetic ease)

### 6. Energy Anticipation Accuracy

*Ability to predict one's energy use and recovery time for future tasks or events*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Spontaneous responder (intuitive energy access) ↔ Strategic planner (realistic pacing, anticipatory calibration)

### 7. Task–Motion Coupling

*Need for physical engagement to sustain mental presence; relevant in tactile or field-based roles*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Cognitively anchored (mind-based engagement, low physical need) ↔ Kinesthetically anchored (task clarity through movement, tactile grounding)

## 8. Postural Regulation under Stress

*Shifts in body tension or form under pressure; functions as a signal for self-regulation or external stress readability*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Stable alignment (postural composure, steady presence) ↔ Adaptive signaling (responsive shifts, embodied emotional cues)

## 9. Activity–Rest Transition Ease

*Smoothness in shifting between doing and resting states; central to sustainable engagement*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Structured boundaries (clear work–rest segmentation) ↔ Fluid transitions (organic flow between exertion and restoration)

## 10. Gesture–Speech Integration

*Use of gestures to scaffold or reinforce verbal communication*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Language-led (verbal precision, minimal gesture reliance) ↔ Gesture-enhanced (embodied emphasis, expressive communication)

## 11. Input Saturation Threshold

*Level of cognitive, sensory, or emotional input that can be comfortably held before needing reset*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

High bandwidth (integrates high-volume input fluidly) ↔ Sensitive threshold (early awareness of overload, needs pacing)

## 12. Hidden Motor Effort

*Level of internal effort required to plan, execute, or inhibit physical movement or motor expression*

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Low effort (movement feels natural, minimal planning load) ↔ High effort (movement requires conscious regulation, energy-intensive coordination)

## Domain 4: Social & Communication Styles

*How individuals initiate, interpret, and navigate relational interactions and expressive modalities in workplace and leadership environments.*

### 1. Moral Discomfort Sensitivity

Attunement to ethical incongruence in communication or relationships; influences voice and resistance

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Harmony-oriented (values relational peace, pragmatic alignment) ↔ Ethics-oriented (calls attention to value misalignment)

### 2. Literal Interpretation Tendency

Degree of focus on surface meaning vs. implied message; impacts precision and inferential decoding

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Concrete decoder (clear communication preference, strong clarity orientation) ↔ Contextual decoder (nuanced reading, high subtext sensitivity)

### 3. Code-Switching Agility

Ease of shifting between communication registers based on context or role

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Style-consistent (authenticity anchored, coherent tone) ↔ Register-adaptive (situationally flexible, audience-aware)

### 4. Social Energy Rhythm

Energy dynamics in social engagement; informs interaction pacing and role fit

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Focused engagement (high-quality, short-span social input) ↔ Sustained engagement (long-form social stamina, relational anchoring)

### 5. Listening Fidelity

Depth and detail of auditory and emotional listening; affects retention, attunement, and feedback quality

1  2  3  4  5  6  7  8  9  10

Big-picture listener (intuitive gist, pattern recognition) ↔ Precision listener (fine-grained tracking, high-resolution memory)

## 6. Nonverbal Signal Interpretation

Capacity to interpret gesture, tone, and body language; shapes implicit communication fluency

1  2  3  4  5  6  7  8  9  10

Verbal-first (prefers explicit content) ↔ Nonverbal intuitive (subtle cue recognition, empathic alignment)

## 7. Authenticity Orientation

Tendency to favor direct, unfiltered expression over social performance or impression management

1  2  3  4  5  6  7  8  9  10

Diplomatic presence (tone-conscious, socially attuned) ↔ Transparent presence (honest signaling, high congruence)

## 8. Communication Pre-Scripting

Use of internal rehearsal or structured preparation in social interactions; aids clarity or stability

1  2  3  4  5  6  7  8  9  10

Spontaneous speaker (responsive, adaptive verbal flow) ↔ Pre-planned speaker (precise articulation, structured clarity)

## 9. Expression Format Preference

Comfort with different relational modes such as 1:1, small group, or large audience; informs visibility and influence

1  2  3  4  5  6  7  8  9  10

Group communicator (energized by collective spaces) ↔ One-on-one communicator (depth-focused, personalized interaction)

## 10. Message Precision vs. Social Buffering

Balance between verbal clarity and emotional cushioning; reflects communication strategy

1  2  3  4  5  6  7  8  9  10

Tone-buffered (relationally softened delivery) ↔ Clarity-prioritized (direct messaging, reduced ambiguity)

### 11. Language Decoding Fluency

Ease of processing written and spoken language, including speed and mental effort involved

1  2  3  4  5  6  7  8  9  10

Contextual processor (meaning-based, gist-focused) ↔ Fluent decoder (rapid parsing, verbal structure clarity)

### 12. Social Visibility Engagement

Level of comfort, regulation effort, and intentionality involved in being socially visible, including eye contact, facial expression, and public presence

1  2  3  4  5  6  7  8  9  10

Subtle presence (prefers low visibility, communicates through content or quiet contribution) ↔ Expressive presence (comfortable with eye contact and visibility, actively engaged in relational space)

## Domain 5: Executive Function & Systems Thinking

*How individuals plan, prioritize, sustain execution, and conceptualize structure in dynamic, goal-oriented environments.*

### 1. Task Initiation Activation

Ease of starting tasks or transitions into action; reflects motivational access and entry momentum

1  2  3  4  5  6  7  8  9  10

Strategic starter (prefers clarity before action) ↔ Rapid starter (low friction entry, responsive to prompt)

### 2. Cognitive Overclocking Drive

Internal drive toward mental complexity, abstraction, and speed of synthesis

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Stable processor (balanced load management, sustained clarity) ↔ Overclocked synthesizer (high-speed pattern generation, abstract integration)

### 3. Prioritization Mapping

Skill in sequencing tasks and allocating effort based on urgency, value, or strategic relevance

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Value-centered prioritizer (guided by long-term meaning) ↔ Structure-centered prioritizer (organized by timelines and deliverables)

### 4. Systems Thinking Orientation

Orientation toward identifying patterns, feedback loops, and structural interdependencies

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Tactical executor (efficient in specific tasks) ↔ Systemic integrator (frames problems through interconnected systems)

### 5. Abstraction Zoom Control

Ability to shift between detail-level execution and broad strategic framing

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Detail stabilizer (precision-focused, close-range thinker) ↔ Scope shifter (navigates seamlessly between macro and micro levels)

### 6. Internal Structuring of Working Memory

Use of internal schemas to organize cognitive material; enables complex planning and adaptive recall

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Externalizer (prefers lists and tools) ↔ Internal mapper (retains cognitive frameworks mentally)

### 7. Completion Consistency

Follow-through across stages of task execution; shapes output reliability and goal pacing

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Adaptive finisher (flexible timing, creative endpoint pathways) ↔ Sequential finisher (steady pacing, structured closure)

### **8. Delegation Fluency**

Ease in transferring responsibility, tasks, or roles to others while maintaining process integrity

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Ownership-oriented (prefers direct execution, detail control) ↔ Transfer-oriented (trusts others with tasks, distributes workload effectively)

### **9. Innovation Under Constraint**

Ability to generate novel strategies when resources, time, or structure are limited

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Planner-builder (thrives with preparation) ↔ Constraint innovator (creative under pressure, adaptive reframing)

### **10. Decision Fatigue Susceptibility**

Resilience in navigating multiple decisions in succession; reflects cognitive endurance and prioritization pacing

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Quick fatigability (relies on defaults, avoids overload) ↔ Sustained pacing (maintains clarity across extended decision flows)

### **11. Clarity in Ambiguous Decisions**

Ability to make confident, informed choices under uncertainty; draws on pattern recognition and contextual trust

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Deliberative caution (waits for full clarity, minimizes risk) ↔ Intuitive synthesis (navigates ambiguity with insight and speed)

### **12. Structural Adaptation Agility**

Ease in adjusting workflows, schedules, or tools when conditions shift; enhances sustainability, though may destabilize routines

■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6 ■ 7 ■ 8 ■ 9 ■ 10

Structure rigidity ↔ Flexible system adjustment